



AS&T Sports Program 2018 Code of Conduct Form

Annandale Swim & Tennis (AS&T) youth sports programs play an important role in promoting the club, but more importantly they provide a vehicle for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in AS&T youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control.

Honoring the Sport is a concept to inspire and motivate people to live up to their best, rather than simply to be restricted from acting down to their worst.

If we want family members who help each other achieve their dreams, neighbors who are friendly and pitch in, business owners who pursue profit ethically, people from different traditions and backgrounds, who respect one another - then we can begin by teaching our youth how to compete in sports with grace and humility.

The ROOTS of honoring the Game describe the behavior we want to teach and model, where ROOTS represents respect for: Rules, Opponents, Officials, Teammates, and Self.

Rules: We want to win the way the game is supposed to be played. Rules have been developed and carefully modified to make games as fair as possible. People who Honor the Game respect both the spirit and letter of the rules.

Opponents: A worthy opponent is a gift. Imagine a tug-of-war with no one at the other end of the rope. Without opponents, competitive sports make no sense. It's also not much fun to beat up on a weaker opponent (or be tromped by a much stronger one).

"Fierce and friendly" says it all. You try as hard as you can to win. When the whistle blows, you help your opponent up. Sports gives us the chance to get to know people we compete with, even become friends with them, without ever letting up when the game is on.

Officials: Officials are integral as guides to fairness in the game. Honoring the Game means respecting officials even when they are wrong. There is never an excuse for treating officials with disrespect – no matter what.

Teammate: Never do anything, on or off the field, to embarrass your teammates. Honoring the Game involves behaving in a way that one's teammates, family, and community would be proud of.

Self: The foundation of Honoring the Game is respect for oneself. Individuals with self-respect would never dishonor the game because they have their own standards that they want to live up to – always.

Coaches are positioned to have a dramatic and positive impact on their players, well beyond the sport. Making the commitment to teach and model Honoring the Game, you can be part of the answer to elevate the way we treat each other.



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I therefore pledge to be responsible for my words and actions while attending, coaching, officiating or participating in a youth sports event and shall conform my behavior to the following code of conduct:

1. I will encourage sportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
2. I will encourage my child, or any other person, to engage in sportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
3. I will not engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
4. I will not encourage my child, or any other person, to engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
5. I will not use drugs or alcohol while at a youth sports event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
6. I will not permit my child, or encourage any other person, to use drugs or alcohol at a youth sports event and will not permit my child, or encourage any other person, to attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
7. I will not engage in the use of profanity.
8. I will not encourage my child, or any other person, to engage in the use of profanity.
9. I will treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
10. I will encourage my child to treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
11. I will not engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
12. I will not encourage my child, or any other person, to engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.

