

Annandale Swim and Tennis Club Expands Limited Activities for Northern Virginia Phase Three - Beginning Wednesday, July 1st, 2020

OVERVIEW & MEMBERSHIP INVESTMENT

AS&T will move forward with phase three, expanding limited activities to members only on Saturday, July 1st, 2020 at 11am.

The State of Virginia has developed guidelines for relaxing current pandemic restrictions and moving from Phase Two to Phase Three. Governor Northam has issued an Executive Order outlining Phase Three guidelines while targeting many Northern Virginia Community's transition to Phase Three.

See details at

- <https://www.virginia.gov/coronavirus/>
- <https://www.governor.virginia.gov/executive-actions/>
- <https://www.governor.virginia.gov/media/governorvirginiagov/governor-of-virginia/pdf/Forward-Virginia-Phase-Three-Guidelines.pdf>

It is the goal of AS&T to allow for the maximum use of the facilities by its membership as allowed by the Virginia guidance. AS&T's intent is to add more and more activities over time as the Governor relaxes restrictions for Outdoor Pools and Fitness and Exercise Facilities, but nothing is guaranteed and AS&T reserves the right to make the final decision on what will and will not be allowed – Together we will enjoy our Summer with a focus on the health and safety of our Family, members and staff.

AS&T wants to clearly communicate that during these challenging times, we ask all members of the AS&T family to invest in our club – both for our Families today and into the future. Available activities and access to the club will continue to be limited in Phase Three.

Families and Individuals who have been members during at least one of the last two years (in either 2018 or 2019) will be afforded a discounted renewal summer membership for 2020. Since AS&T will not be available for the normal activities at least at the beginning of the season, we have incorporated an approximately 43% discount for members. The table below outlines the Normal and discounted rates for 2020. Families and Individuals who have not been members over the last two years and wish to join the club may do so at the normal membership price shown below.

Membership Type	Normal Price	2020 Discounted Price
Family	\$525	\$300
Individual	\$395	\$225
Senior Couple	\$400	\$230
Senior Individual	\$300	\$170
Board Member	\$395	\$225

Regardless of whether Virginia goes beyond Phase Three or not, there will be no membership refunds – we ask our AS&T Family to invest in the club, and in return our Board and Staff will continue to invest all available resources to ensure an enjoyable and fulfilling AS&T experience.

The board will be monitoring new membership and reserves the right to limit the number of new families as our loyalty is to our 2018/2019 returning members. The number of new families will be driven by our returning members in order to meet our financial obligation.

PHASE THREE OVERALL ACCESS GUIDELINES

- The AS&T staff, employees and board members have the final say on any rules and guidelines and reserve the right to deny access to any member based on their best judgement.
- All social distancing protocols must be strictly followed.
- Entry and exit of the facility will be via designated points.
- All members MUST check-in at the front desk.
- You must be at least 11 years old to enter the pool and participate in available activities without parental supervision. Any child under the age of 11 and must have an adult present who also has a confirmed appointment at the same time.
- You must bring your own towels and/or chairs – and you must bring them home with you when you leave.
- Restrooms will available on a limited basis with access controlled by the staff. Restrooms are cleaned every two hours.
 - Toilets are available for use
 - Changing clothes is permitted
 - No showers
- No Food, picnics, use of picnic tables, parties or shared meals of any kind.
- Grills are not available and not to be used.
- No Swim Lessons
- No concessions, snacks, drinks, etc will be sold.
- No guests.
- No coolers.
- No bocce.
- There will be two swim lanes available for lap swimming via the reservation system.
- There will be 6 areas for free swimming/family swimming and will be available on a first come first serve basis.
- Access to the diving board & well will be allowed by reservation.
- Access to the 3ft training pool will be allowed on a first come first served basis.
- Access to the baby / kiddie pool at this time will be allowed via the reservation system.

Hours of operation

Through 12 June hours are anticipated to be as follows:

Mon 11am - 8pm

Tue 11am- 8pm

Wed 11am-8pm

Thu 11am – 8pm

Fri 11am – 8pm

Sat 10am – 8pm

Sun 10am – 8pm

PHASE THREE AVAILABLE ACTIVITIES & RESERVATIONS

PHASE THREE Activities

AS&T is a relatively large facility that affords an opportunity to manage acceptable social distancing guidelines. AS&T will offer the following limited activities in Phase THREE starts 7/1/2020, but is subject to change)

- Lap Swim
 - AS&T will have 2 lanes (lanes 3 & 4) available for swimming activities such as lap swimming, with a maximum of 3 family members per lane. Lap swim is on a reservation basis.
- Tennis
 - AS&T has two tennis courts available for use, with a maximum of two individuals per court (no doubles). Tennis courts are available on a first come first served basis for one hr at a time beginning at the top of each hour.
- Basketball
 - AS&T one basketball court available for use, with a maximum of two per court – one person at each basket. Basketball courts are available on a first come first served basis.
- Individual exercise & meditation
 - AS&T has large grass areas that can accommodate members who wish to exercise or meditation. For Phase 3, we are allowing members to utilize all these areas, however, members need to keep social distance of 10 feet between families.
- Diving Board & Well
 - AS&T will make the Diving Board & Well available on a reservation basis. No more than 3 divers may use the dive well per reserved time slot.
 - Divers waiting to dive will maintain social distance.
 - Divers will follow the safety rules for using the diving board and well.
- “Intermediate Swim” - 3ft Training Pool
 - AS&T will divide the 3ft training pool into two sections and make them available for use on a first come first served basis. There is a maximum of three family members allowed per section.
- Baby Pool
 - Baby Pool will be available for reservations. Baby pool is available for 50 minute use beginning at the top of the hour and allowing for 10 min exit and cleanup before next reservation slot begins.
- Free Swim / Family Swim
 - The pool will have 6 areas designated for Free Swim / Family Swim. Each area is available on a first come first served basis for one hour blocks.
 - If all six areas are in use and others are waiting, the pool staff will work with the swimmers to free up time for the next group(s) at 50 min past the hour.

IMPORTANT:

- Members are allowed unlimited use of the facility throughout the day, however all members must clear the pool at 50 min past each hour and allow for the guards and staff to reset the pool for the next hour. One-hour time slots are still in effect and includes 50 minutes of swim / dive / activity and 10 minutes of transition time.

Reservations

AS&T utilizes an online reservation system for members to sign up for allowable activities. Reservations are required for Lap Swim, Dive Well and Baby Pool.

- All reservations must be made online
 - Reservations are made by 2020 members only
- Members are encouraged to sign up for a slot the day before.

Reservation Details

To make a reservation please visit the ast22003.org and select Online Booking System under the AS&T Information tab.

- 1) Select your preferred Service:

Online Booking System

The screenshot shows a dropdown menu for the 'Service' field. The selected service is 'Outdoor Exercise and Meditation'. Below it, the 'Area' dropdown is open, showing options: 'Outdoor Exercise and Meditation' (highlighted in blue), 'Tennis Court', 'Basketball', and 'Lap Swim'. A calendar for 'May 2020' is partially visible in the background.

- 2) Select your preferred area

Online Booking System

The screenshot shows the 'Service' dropdown set to 'Lap Swim'. The 'Area' dropdown is open, showing options: '-' (highlighted in blue), 'Swim Lane 1', 'Swim Lane 2', 'Swim Lane 3', 'Swim Lane 4', 'Swim Lane 5', and 'Swim Lane 6'. A calendar for 'May 2020' is partially visible in the background.

3) Select an available Date and Time from the Calendar

Online Booking System

Service: Tennis Court

Area: Tennis Court 1

May 2020

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

11:00 am	12:00 pm	01:00 pm	02:00 pm
03:00 pm	04:00 pm	05:00 pm	06:00 pm
07:00 pm	08:00 pm		

4) Enter your Personal Information, agree to the terms and conditions of AST and click Submit.

Personal information

Fields with * are required

E-Mail * : johndoe@xxxxxx.com

Name * : John Doe

Phone * : 1234567890

Description : Cant Wait to Swim!

Booking overview

Please check your appointment details below and confirm:

Location	Annandale Swim and Tennis
Service	Tennis Court
Area	Tennis Court 1
Date & time	May 30, 2020 1:00 pm

I agree with terms and conditions

By using this form you agree with the storage and handling of your data by this website.

5) Check your email for a confirmation (email will come from WORD PRESS, please check your SPAM) email.

For Swimmers and Divers, the Guards will blow the whistle at 50 minutes past the hour. At this time, swimmers and divers must conclude their activity, clean up their area, and move to the exit in time for the next group reservation start at the top of the hour. Please work with the Guards and Staff to make this transition period as efficient as possible.

A MANAGEABLE AND ENJOYABLE SUMMER EXPERIENCE

The AS&T Leadership Team encourages all current, past and prospective members to consider how we all have to adjust our behavior and lifestyle as we work together through these challenging times – that doesn't mean we can't still have fun, enjoy the sun & pool, and enjoy the Family atmosphere that has made our Club so incredibly popular over the last 50 years!

This is new to all of us. We expect to make adjustments over time as we improve how things get done – we ask for all to be patient, respectful and open-minded as we forge ahead together into the summer.

If you have any comments or questions during hours of operation, please ask:

1. A Guard or Staff Member
2. Mike Cooper – The Pool Manager
3. Any member of the AS&T Board who will be at the pool.

During hours of operation, along with Guards and Staff members, the Pool Manager or a Member of the Board will be on site and available to answer any questions.

All other questions about pool operations, please reach out to Mike Cooper (Pool Manager) or Mark Hutnan (AS&T President) at: ast22003@gmail.com

THANK YOU

THE AS&T LEADERSHIP TEAM