



## Competitive Diver and Dive Team Training 2022 Registration Form

Feb 18, 2022

Do you want your child to fly through the air with the greatest of ease? Gain coordination, body awareness, confidence, and make new friends? You do not need to know how to dive, just be willing to learn and be safe in the deep end.

We teach diving skills progressing from learning how to get in the water head first to twisters. We allow each child to gradually gain confidence and move toward more competitive dives. We play games and learn skills with encouragement to get comfortable on the board. We will start at your own level and work up as skill and confidence increase. We do our best to make learning fun and fear-free.

Weekly dive meets challenge each diver to strive for excellence with lots of support from a great group of friends and coaches.

### AS&T Dive Team Registration

Dive Team questions? Email: [AnnandaleDiveTeam@gmail.com](mailto:AnnandaleDiveTeam@gmail.com)

Name	Birth Date	Amount
_____	____/____/____	\$ 100
_____	____/____/____	\$ 100
_____	____/____/____	\$ 100
_____	____/____/____	\$ 100
		Total \$ _____

Parent's Names: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Cell: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ Group#: \_\_\_\_\_ Member #: \_\_\_\_\_

### NOTE:

- Youth Sport Registration form must be accompanied by signed 2022 Medical Release and Code of Conduct Forms.

## 2022 NVSL Participation Waiver – Annandale Dive Team

The following waivers MUST be signed by all athletes' guardian(s) in order to participate in any swim practice or meet covered by NVSL insurance. Incorporate a version of this waiver into your registration process. Any or all waivers shall be available to be forwarded to the NVSL Board upon request.

**NO WAIVER = NO PARTICIPATION = NO EXCEPTIONS**

Diver(s): \_\_\_\_\_  
\_\_\_\_\_

As Parent/Guardian of the above-name minor(s), I grant permission for the swimmer(s) to participate in all activities of the **Annandale Dive Team**, a Northern Virginia Swimming League (NVSL) member team. I represent and warrant that my minor child/children participating on the **Annandale Dive Team** are in good health and have no physical condition, ailment or disability which renders them unable to participate in vigorous physical activity. For and in consideration of benefits derived from participation in the **Annandale Dive Team** program, I understand that the risk of injury to my child from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I assume all risks and hazards arising out of, or related to, such participation, including, but not limited to, transportation to and from such activities, and do hereby indemnify, release and hold harmless the **Annandale Dive Team**, its coaches, team representatives, volunteers, property manager, employees and agents, as well as the Northern Virginia Swimming League, from all claims of any kind whatsoever which may arise or hereafter accrue in connection with my child's/children's participation in activities of the **Annandale Dive Team**. I further grant permission for first aid to be given to my child/children in an emergency and will be solely responsible for any medical costs which may arise. I AGREE THAT THEY WILL ABIDE BY THE NORTHERN VIRGINIA SWIMMING LEAGUE CODE OF CONDUCT.

\_\_\_\_\_  
*Parent's Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Parent's Signature*

\_\_\_\_\_  
*Date*

## COVID-19 ADDENDUM

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

The Northern Virginia Swimming League (NVSL) cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in NVSL-sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a NVSL-sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN PRACTICE OR COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS THE **ANNANDALE DIVE TEAM**, ITS COACHES, TEAM REPRESENTATIVES, VOLUNTEERS, PROPERTY MANAGER, EMPLOYEES AND AGENTS, AS WELL AS THE NORTHERN VIRGINIA SWIMMING LEAGUE AND ITS OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE, AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN PRACTICE OR COMPETITION.

Teams and their pools have taken enhanced health and safety measures for all attending meets; however, we cannot guarantee that you will not become infected with COVID-19. All attending practices and meets must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID19.

By choosing to attend practices and meets, you agree to comply with all health and safety mandates and guidelines of the Commonwealth of Virginia, your local government, and the pool at which you are participating, either at your home pool or while competing at another NVSL-member pool.

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*Parent's Signature*

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*Date*

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*Parent's Signature*

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*Date*